



## Course Syllabus

### EMBRACE: End Misconceptions, Beat Recidivism and Commence Empowerment

(9:00 am to 4:30 pm)

#### I. INTRODUCTIONS

#### II. FOUNDATION

- a. Background: Justice-Involved Risk Factors, MI, & Criminogenic Factors/Needs
- b. Who are the clients? Profiles; Personal Stories; Prejudices: Meet Rhonda
- c. Identifying Personal Challenges

#### III. STRENGTH BASED TREATMENT

##### • ASSESSMENT

- d. Laying the Foundation thru Recovery Oriented Principles
- e. Utilizing Recovery Oriented Principles in Strength-Based Assessment
- f. Utilizing Strength Assessment Based Skills

##### • GOAL SETTING SKILLS

- g. Achievable Goals
- h. Utilizing the Personal Recovery Plan

#### IV. ONGOING TREATMENT

- i. Surprises: Expect the Unexpected in Ongoing Treatment
- j. Legal and Ethical Dilemmas

#### V. THERAPIST SELF CARE

#### VI. COURSE REVIEW, COURSE EVALUATIONS, GOOD-BYE.